



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 14533, Alcoholic beverage, distilled, all (gin, rum, vodka, whiskey) 100 proof

Report Date: July 05, 2017 01:20 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	57.50	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Energy	kcal	295	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Energy	kJ	1234	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	0.00	4	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Total lipid (fat)	g	0.00	4	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Ash	g	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Carbohydrate, by difference	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1996
Minerals													
Calcium, Ca	mg	0	235	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Iron, Fe	mg	0.04	128	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Magnesium, Mg	mg	0	231	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	4	13	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Potassium, K	mg	2	254	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Sodium, Na	mg	1	260	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Zinc, Zn	mg	0.04	66	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Copper, Cu	mg	0.021	136	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Manganese, Mn	mg	0.018	12	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Selenium, Se	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Thiamin	mg	0.006	16	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Riboflavin	mg	0.004	16	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Niacin	mg	0.013	16	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Pantothenic acid	mg	0.000	8	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin B-6	mg	0.001	8	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, total	µg	0	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Amino Acids													
Tryptophan	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Threonine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Isoleucine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Leucine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lysine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Methionine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Cystine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Phenylalanine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Tyrosine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Valine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Arginine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Histidine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Alanine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Aspartic acid	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Glutamic acid	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Glycine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Proline	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Serine	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Other													
Alcohol, ethyl	g	42.5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986